

FINANCIAL INFORMATION
SUPPORT AND REVENUE

Grants and contracts	\$1,820,862
Program fees	348,337
Contributions & Events	12,229
<u>Interest and other income</u>	<u>1,485</u>
Total support & revenue	\$2,182,913

EXPENSES

Program services	\$1,663,114
Management & general	346,224
<u>Fundraising</u>	<u>6,267</u>
Total Expenses	\$2,015,605
Changes in net assets	167,308
<u>Net assets, start of year</u>	<u>541,966</u>
Net assets, end of the year	\$709,274

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The Wellspring Center for Prevention is a private, non-profit, community-based health organization. We have been providing prevention, education, information and referral services to residents, businesses, schools, faith-based organizations, municipal alliances, and social service agencies since 1980.

The mission of the Wellspring Center for Prevention is to promote the health and well-being of individuals and communities through the reduction and elimination of alcohol, tobacco and other drug use problems.

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Wellspring Center for Prevention

2019 Annual Report





Helping You and Your Community

Wellspring Center for Prevention is a not for profit public health agency whose mission is to improve the health and well-being of individuals, families and communities through the elimination or reduction of alcohol, tobacco, and other drug-related problems. Services focus on prevention, education, advocacy, and support for personal recovery, and are based on rigorous evaluation and documented positive outcomes.

2019 marked our 39th year in existence.

As in previous years, Wellspring Center for Prevention construed its growth by adding staff, increasing our offerings to the communities we serve, and being awarded additional grants. We were especially proud to introduce The PATH, a school-based clinical services program.

Wellspring's school-based clinical services provide custom-tailored, collaborative, school-based programs that offer the best of mental health counseling, structured recreation, psycho-education, and skill-building, in a non-stigmatizing school-based environment—plus wrap-around services to complete the care continuum. The PATH's efforts are designed around collaboration with the school district's practices and on-site support services to ensure a seamless, barrier-free environment to care. Each program is staffed by professionals experienced in youth development, mental health counseling, and case management and backed by Wellspring's mission to help educators focus on their youth and foster and develop healthy minds and healthy bodies. As a result, our staff grew to 23 individuals, the largest staff in the agency's history. The additional staff enabled the agency to expand its programmatic offerings, in additional geographic locations, especially in Monmouth County.

Among the new financial assignments the agency realized in 2019 was the Carteret Board of Education for the purpose of implementing a Twilight Program at Carteret High School. The

grant covered counseling and support services for up to 12 students, three evenings each week. And then, Pathways was approved for additional funding by the Carteret Board of Education to create a multi-tiered program at the Carteret Middle School. Wellspring was also awarded a Juvenile Detention Alternatives Initiative grant from the County Department of Community Services. The grant provided for early intervention with youth who have been involved in delinquent activities either in school or in the community.

And, agency staff continued to service youth, families and community members through grant funding from the New Jersey Department of Human Services, as well as those awarded by Monmouth County's Human Services and Youth Services Departments, the Middlesex County Office of Human Services, and the New Jersey Prevention Network.

Once again, in 2019, agency staff were able to deliver many fee-for-service programs throughout Middlesex and Monmouth Counties, and beyond. Some of these program featured presentations on topics such as drug trends, bullying, vaping and parent-targeted programs such as a suicide prevention presentation.

Our efforts throughout the year also featured community efforts by the Coalition for Healthy Communities which implemented several major events including the annual Young Women's Conference; the annual Middlesex County Prevention Education Summit; several Town Hall meetings; and the annual Tree of Hope event which recognized the Middlesex County Drug Court.