



Coalition for Healthy Communities

Meeting Minutes

Date: Wednesday, February 14, 2018

Time: 10:00am – 12:00pm

Location: 620 Cranbury Road Suite 105, East Brunswick, NJ

Attendee	Affiliation	Sector
Mara Carlin	Wellspring Center for Prevention	Coalition Staff
Shelly Williams	Garden State Community Bank	Business
Alicia Carman	Piscataway MAC	Civic/Volunteer
Debbie Riscica	Central Jersey Family Health Consortium	Healthcare
Jay Okesola	Safety Ambassador Program RWJ	Healthcare
Diana Starace	Robert Wood Johnson/Barnabas Health	Healthcare
Carolina Rivero	Robert Wood Johnson	Student
Kim Repsha	Garden State Community Bank	Parent
Trish Dooley Budsock	Rutgers University RWJMS	Healthcare
Radha Vakkalagadda	RWJ – Trauma and Injury Prevention Department	College
Daria Waszak	Felician University	College
Mackenzie Moran	Rutgers TDC	College
Jenna Bonstein	Wellspring Center for Prevention	Coalition Staff
Gina Miraglia	Wellspring Center for Prevention	Coalition Staff
Roulla Castanos-Beaton	Middlesex County Human Services	Local Government
Viviana Delos Angeles	Middlesex County Human Services	Local Government
Melisa Damcevaska	Wellspring Center for Prevention	Coalition Staff
Jeanette McClew	Wellspring Center for Prevention	Other/Substance Use. Prev. Agency
Susan Silverstein	Volunteer	Volunteer

Agenda Items

Topic	Discussion/Report	Action
Welcome/Introductions	Mara opened the meeting and thanked everyone for attending. Members and guests around the table introduced themselves and shared what they do in the community and/or why they are at this table.	
Updates	<p>CADCA Leadership Forum – Melisa reported back about CADCA’s 14th Annual Leadership Forum in National Harbor, Maryland.</p> <p>Young Women’s Conference – Mara reported that the Young Women’s Conference will be taking place on February 28, 2018 at the DCF Building in New Brunswick. About ten girls from 11 schools across Middlesex County are participating. A bag packing took place at Wellspring on 2/22. The theme this year is about youth and female empowerment and a wide range of workshops will be taking place. A theater group is going to perform as well.</p> <p>Be Smart About Medicine Poster Contest – Jenna reported that the Be Smart About Medicine Awards Dinner will be taking place at the CAB building, located at 125 Paterson Street, New Brunswick, NJ from 5:30pm-8:00pm. Parking is available in the Paterson street parking deck, remember to bring in your ticket so parking may be validated. A subcommittee meeting will be taking place on 3/7 at Wellspring at 1pm. The subcommittee will begin judging the entries for finalists.</p> <p>Community Billboard – Jenna reported that the community billboard is still located in Woodbridge. The Partnership for a Drug-Free NJ is coming out with a new billboard that the coalition might be interested in using as well. It has not yet been officially released by the PDFNJ, but when it is it will be circulated to members for viewing/opinions.</p> <p>Narcan Trainings Update – Trish Dooley from the Rutgers University Division of Addiction Psychiatry reported on Narcan trainings. The trainings include a 60 minute presentation on the history of opioids/addiction. They work with the State Police Drug</p>	<p>For information about the contest, contact Jenna at jenna.bonstein@wellspringprevention.org</p> <p>If you have school contacts for last minute submissions, please send the school information to Jenna.</p> <p>Any ideas for where the community billboard could go next, contact Jenna.</p> <p>For more information on Narcan trainings, contact Trish Dooley Budsock at 732-235-3361 dooleypc@rwjms.rutgers.edu <i>Narcan trainings are heavily booked through May.</i></p>

Monitoring Initiative and the trainings cover how to use the Narcan nasal spray and rescue breathing. Provide 90 minutes for the training if possible to take the pre/posttest. Partner with organizations and groups all over the county (Damon House, Rutgers HOPE, UBHC, prosecutor's office to name a few). A lot of calls for trainings are coming in from other counties as well (Camden, Cumberland, Gloucester, Essex). Monthly trainings will be taking place in New Brunswick on the first Monday of every month at 12:30pm starting in March 2018.

13 Reasons Why Presentation – Nicki Francis conducted a presentation on 13 Reasons Why and its impact on youth.

Hidden in Plain Sight – 3 Hidden in Plain Sight Programs will be taking place.
3/12 at the Monroe Public Library at 7:00pm
3/12 at South River High School Media Center at 6:30pm
5/8 in Dunellen (more information to come)

Safe Kids Coalition – Jay Okesola from the RWJ Safety Ambassadors Program reported on safety presentations that will be taking place from February to May. High school students will be presenting to students elementary school students – Mara sent out a list of the presentations. Please attend a presentation and give feedback on the high school students' presentation skills. The information will be used for a research study and help students improve their presentation skills.

Kick Butts Day 3/21/18 – the Perth Amboy Youth Alliance will be doing a vape jeopardy game.

Substance Use Navigator – Jeanette McClew asked if any coalition members had information about youth substance use services to increase their access to youth.

Syringe Access Site – Gina reported on the syringe access site. Guidelines for where it is going to run out of and a potential township to propose it to.

For more information, contact Jay at babajide.okesola@rwjbh.org.

Contact Jeanette McClew at Jeanettem@wellspringprevention.org with any input or questions.

For more information or questions, contact Gina at ginam@wellspringprevention.org

	<p>NJPN Conference - Taking place on May 18, 2018. Register through njpn.org and apply for a scholarship. If you belong to an alliance, you can apply as an alliance member. If not, you can apply for a scholarship that requires you to take workshops on Highway Traffic Safety.</p>	
Announcements	April is Sexual Assault Awareness Month	
Next Meeting/Adjourn	<p>The next coalition meeting will be held on Wednesday, March 14, 2018 1:00-3:0pm at Wellspring Center for Prevention, 620 Cranbury Road, Suite 105, East Brunswick</p>	