

2017 Annual Report



CENTER FOR PREVENTION

Promoting Healthy Living Through Education, Training & Advocacy



Accomplishments, Highlights, and



Left: Nicki Francis delivering a program in a Monmouth County classroom.



Participants in a Pathways Fatherhood Event

Our Mission

The mission of the Wellspring Center for Prevention is to promote the health and well-being of individuals, families, and communities through the prevention of addiction-related problems across the lifespan.

Our 37th year in existence was marked by continued growth, and the departure of an icon.

After 27 years of service, our valued team member, Linda Surks, ended her tenure in June 2017. Linda was a crusader who testified in front of both Congress and the New Jersey legislature. She was passionate and determined when she was invited to speak to youth, parents and older adults about the consequences of drug abuse. Linda shared her painful story of personal loss, so that no one else had to experience it.

We also added several members to our staff last year. The agency added three Preventionists, two Substance Use Navigators, and one Clinician for our Pathways School-Based Youth Services program at Carteret High School.

Several agency staff joined and became integral members of statewide, county, and local organizations, impacting substance use prevention

efforts everywhere. These included presentations on topics such as bullying prevention, and the latest drug trends in area schools and communities. As a result of successful Fee for Service Programs, the agency was able to implement education programs and presentations in more communities than ever.

We expanded our footprint by opening an office in Monmouth County to service that county's grant, and deliver local programming there.

Some of the main events the agency implemented in 2017 included: the annual Young Women's Conference; the annual Middlesex County Prevention Education Summit; Town Hall meetings; fatherhood-targeted events; and the annual Tree of Hope event which recognized the Rutgers Recovery and the first-ever recipients of the agency's Recovery Recognition Award.

Wellspring was awarded several grants including a first-ever grant from United Way of Central

Finances

Support & Revenues

Grants & contracts	\$1,275,836
Program fees	142,915
Contributions & events	18,620
Interest & other income	16,565
Total Support & revenue	\$1,453,936

Expenditures

Program Services	\$1,093,937
Management & general	320,524
Fundraising	8,173
Total expenses	\$1,422,634
Changes in net assets	31,302
Net assets, beginning of year	377,366
Net assets, end of year	\$408,668

Though almost 88% of our revenue comes from grants and contracts, this line item represents diverse funding from the Federal government, multiple State departments, and Middlesex and Monmouth Counties. We are extremely proud to report that more than 75 cents of every dollar we spend goes to program services benefiting the Middlesex and Monmouth Counties' communities. The Better Business Bureau Wise Giving Alliance Standards for Charity Accountability recommends that charities spend at least 65% of their total expenses on program activities and spend no more than 35% of related contributions on fund raising

Jersey; a grant from the Office of Women's Health, U.S. Department of Health and Human Services to stop opioid use and misuse by women; a grant from the Middlesex County Office on Children Services for clinical services at the Carteret Middle School; a grant from the state's Department of Children and Families to implement the Substance Use Navigator initiative; a Sustainable New Jersey grant for the Pathways School Based Youth Services Program; additional state funding designated to implement efforts targeting opioids and high school athletes; a Middlesex County Juvenile Justice Commission grant to continue the Pathways Summer Expansion Program; and additional funding from Middlesex County. The agency was also named a sub-recipient of a NJ Department of Labor grant facilitated through the Rutgers University's Talent Development Center to enable efforts designed to provide CADC trainings to 200 individuals statewide.

Our Coalition for Health Communities was recognized by Community Anti-Drug Coalitions of America (CADCA) as a "Coalition in Action". The designation recognized the Coalition's efforts to implement programs that not only lead to youth change on a personal level, but changes in the overall school climate.

The Pathways program at Carteret High School continued to exceed levels of service for both the high school and the middle school programs and had a record number of youth involved in programming. The program's summer efforts saw a large increase in student participation as well as programming.

Pictured on the left are (from left to right) Heather Ward, Coordinator of School and Family Programs, Helen Varvi, Deputy Director, Nicki Francis, Coordinator of Program and Professional Development, and Lissette Bacharde, Program Assistant & Executive Assistant, celebrating at the annual Tree of Hope event



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Mara Carlin, BS, CPS
Coalition Coordinator & Preventionist II

Heather Ward, MSW, LSW, CPS
Preventionist II

Nicki Francis, BA
Preventionist I

Jeanne Neuwirth, MSW, LSW
Clinician I - Pathways

Jelysa Hernandez, LSW, MSW
Clinician I - Pathways

Lisa Lussier, LSW, MSW
Part time Clinician I - Pathways

Jeanette McClew, MSW
Substance Use Navigator

Melisa Damcevaska, BS
Preventionist I

Jenna Lynn Bonstein, BA
Preventionist I

Gina-Marie Miraglia, BA
Preventionist I

Cathy Cardew, MSW, LSW
Preventionist I - Part Time

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